

GREAT WALTHAM CE PRIMARY SCHOOL : SCHOOL MENU

Week commencing 5th March 2012

My child Class.....

would like the following meals over the next 4 weeks:

Please **CLEARLY CIRCLE** your child's choices

DO NOT SEND ANY PAYMENT WITH THIS MENU WE WILL BILL YOU

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1 5/3	(H) Bacon & Tomato Pasta Garlic Bread Salad Bar including Coleslaw OR (H/V) Cheese & Tomato Pizza Whirl Garlic Bread Salad Bar including Coleslaw OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Jam Sponge & Custard	(H) Minced Beef & Bean Casserole & Dumpling New Potatoes Green Beans Salad Bar OR (H/V) Vegetarian Pasty New Potatoes Green Beans Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Oat Cookie & Grapes	Roast Pork Yorkshire Roast Potatoes 2 Seasonal veg OR (V) Vegetarian Sausage Toad in the Hole Roast Potatoes 2 Seasonal Veg OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Strawberry Jelly	(H) Pork Meatballs in Tomato Sauce Penne Pasta Salad Bar OR (H/V) Sweet & Sour Rice Vegetable OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Fruit Sponge & Custard	(B) Oven Baked Fish Peas Chips Baked Beans Peas Salad Bar OR (H/V) Cheese & Broccoli Quiche Peas Chips Baked Beans Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Chocolate Crispie
2 12/3	(H) Fish Fingers New Potatoes Peas Salad Bar OR (H/V) Pasta in a Tomato Sauce, Topped with Grated Cheese Salad Bar including Coleslaw OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Apple Crumble & Custard	(H) Pork Meatballs in Tomato Sauce Penne Pasta Salad Bar OR (H/V) Cauliflower & Broccoli Cheese New Potatoes OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Banana Cake & Custard	Roast Turkey Yorkshire Roast potatoes 2 seasonal veg OR (V) Quorn Fillet Yorkshire Roast potatoes 2 seasonal veg OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Iced Smoothie	(H) Italian Chicken Jacket Wedges Sweetcorn Salad Bar OR (H/V) Cheese & Tomato Pizza OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with Ice Cream	(B) Sausage in a Hot Dog Roll Baked Beans Croquette Potatoes Baked Beans Salad Bar OR (V) Vegetarian Sausage in a Hot Dog Roll Baked Beans Croquette Potatoes Salad bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Fruit Muffin

Week	Monday	Tuesday	Wednesday	Thursday	Friday
3 19/3	Lasagne Garlic Bread Salad Bar including Coleslaw OR (H/V) Cheese & Potato Bake (cheesy onion mash topped with cheese sauce) Garlic Bread Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Ice Cream	(H) Minced Beef & Potato Curry Rice Naan Bread Salad Bar OR (H/V) Vegetarian Pasta in a Cheese Sauce Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Jammy Doughnut Cup Cake	PRE-SCHOOL IN FOR LUNCH Roast Gammon Yorkshire Roast potatoes 2 seasonal veg OR (H/V) Vegetarian Sausage Toad in Hole Yorkshire Roast potatoes 2 seasonal veg OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Creamy Rice Pudding with Jam	(B) Beef Burger in a Bap Jacket Wedges Baked Beans Salad Bar OR (H/V) Cheese & Leek Burger in a Bap Jacket Wedges Baked Beans Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Flapjack	Fish Nuggets Peas Sweetcorn Chips Salad Bar OR (V) Quorn Dippers Peas Sweetcorn Chips Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Chocolate Sponge & Chocolate Custard
4 26/3	(B) Sausage Toad in the Hole New Potatoes Peas Sweetcorn Salad Bar OR (V) Vegetarian Sausage Toad in the Hole Sweetcorn New Potatoes Peas Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Apple Crumble & Custard	(H) Chicken in Tomato and Basil Sauce Wrap Salad bar including Potato Salad OR (H/V) Macaroni Cheese Salad Bar including Potato Salad OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Shortbread Biscuit with an Orange Wedge	Roast Turkey Yorkshire Roast potatoes 2 seasonal veg OR (H/V) Chick Pea Wellington Roast potatoes 2 seasonal veg OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Iced Smoothie	EASTER LUNCH (H) Easter Sticky Chicken Jacket Wedges Sweetcorn Salad bar OR (H/V) Cheese & Tomato Pizza Jacket Wedges Sweetcorn Salad bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Iced Easter Cup Cake	Oven Baked Fish Baked Beans Croquette Potatoes Salad Bar OR (V/H) Vegetarian Nuggets Baked Beans Croquette Potatoes Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Chocolate Muffin

PLEASE RETURN THIS MENU BY 9.00 A.M. TUESDAY 21ST FEBRUARY 2012 Water or milk is provided with every meal and fresh unbuttered bread. Also, a piece of fresh fruit is available. The Salad bar will be available to ALL children having a lunch, except on Wednesdays when Salads will be served with the Jacket potato options only.