

GREAT WALTHAM CE PRIMARY SCHOOL : SCHOOL MENU

Week commencing 30th January 2012

My child Class.....

would like the following meals over the next 4 weeks:

Please **CLEARLY CIRCLE** your child's choices

DO NOT SEND ANY PAYMENT WITH THIS MENU WE WILL BILL YOU

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1 30/1	(H) Bacon & Tomato Pasta Garlic Bread Salad Bar including Coleslaw OR (H/V) Cheese & Tomato Pizza Whirl Garlic Bread Salad Bar including Coleslaw OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Jam Sponge & Custard	(H) Minced Beef & Bean Casserole & Dumpling New Potatoes Green Beans Salad Bar OR (H/V) Vegetarian Pasty New Potatoes Green Beans Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Chocolate Crispie	Roast Pork Yorkshire Roast potatoes 2 seasonal veg OR (V) Vegetarian Sausage Toad in the Hole Roast potatoes 2 seasonal veg OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Strawberry Jelly	(H) Pork Meatballs in Tomato Sauce Penne Pasta Salad Bar OR (H/V) Sweet & Sour Rice Vegetable OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Fruit Sponge & Custard	(B) Oven Baked Fish Peas Chips Baked Beans Peas Salad Bar OR (H/V) Cheese & Broccoli Quiche Peas Chips Baked Beans Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Oat Cookie & Grapes
2 6/2	(H) Pasta Bolognese Garlic Bread Salad Bar including Coleslaw OR (H/V)Vegetarian Mince Bolognese Garlic Bread Salad Bar including Coleslaw OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Flapjack	(H) Homemade Beef & Vegetable Pie New Potatoes Sweetcorn OR (H/V) Cheddar Whirl New Potatoes Sweetcorn OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Chocolate Sponge & Chocolate Custard	Roast Turkey Yorkshire Roast potatoes 2 seasonal veg OR (H/V) Vegetarian Sausage Wrapped in Pastry Roast potatoes 2 seasonal veg OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Assorted Fresh Fruit	Oven Baked Fish Jacket Wedges Peas Salad Bar OR (H/V) Leek & Cheese Burger in a Bap OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with Jelly & Ice Cream	VALENTINES LUNCH (H) Chicken Love Nuggets Cupids Croquettes Baked Beans Salad Bar OR (V/H) Vegetable Love Nuggets Cupids Croquettes Baked Beans Salad bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Iced Sweetheart Biscuit

Week	Monday	Tuesday	Wednesday	Thursday	Friday
3 20/2	Fish Fingers New Potatoes Peas Salad Bar OR (H/V) Pasta in a Tomato Sauce Topped with Grated Cheese Garlic Bread OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Fruit Crumble & Custard	(H) Pork Meatballs in Tomato Sauce with Penne Pasta Salad Bar OR (H/V) Cauliflower & Broccoli Cheese Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Banana Cake & Custard	Roast Gammon Yorkshire Roast potatoes 2 seasonal veg OR (H/V) Quorn Fillet Yorkshire Roast potatoes 2 seasonal veg OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Ice Smoothie	(H) Italian Chicken Jacket Wedges Sweetcorn Salad Bar OR (H/V) Cheese & Tomato Pizza Jacket Wedges Sweetcorn Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with Ice Cream	Sausage in a Hot Dog Roll Chips Baked Beans Salad Bar OR (V) Vegetarian Sausage in a Hot Dog Roll Chips Baked Beans Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Fruit Muffin
4 27/2	(H) Lasagne Garlic Bread Salad Bar including Coleslaw OR (H/V) Cheese & Potato Bake (Cheesy onion mash topped with Cheese Sauce) Garlic Bread Salad Bar including Coleslaw OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Ice Cream	(H) Minced Beef & Potato Curry Rice Naan Bread Salad bar OR (H/V) Vegetable & Pasta in a Cheese Sauce Jacket Wedges Baked Beans Salad bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Jammy Doughnut Cupcake	Roast Turkey Yorkshire Roast potatoes 2 seasonal veg OR (H/V) Vegetarian Sausage Toad in the Hole Roast potatoes 2 seasonal veg OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Rice Pudding & Jam Sauce	Beef Burger in a Bap Jacket Wedges Baked Beans Salad bar OR (H/V) Cheese & Leek Burger in a Bap Baked Beans Jacket Wedges Baked Beans Salad bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Flapjack	Fish Fingers Peas Sweetcorn Croquette Potatoes Salad Bar OR (V/H) Quorn Dippers Peas Sweetcorn Croquette Potatoes Salad Bar OR Cheese Jacket & Salad OR Tuna Jacket & Salad All with (H) Chocolate Sponge & Chocolate Custard

PLEASE RETURN THIS MENU BY 9.00 A.M. TUESDAY 17th JANUARY 2012 Water or milk is provided with every meal and fresh unbuttered bread. Also, a piece of fresh fruit is available. The Salad bar will be available to ALL children having a lunch, except on Wednesdays when Salads will be served with the Jacket potato options only.